



Psalm 91 offers a strong affirmation of *where* our refuge resides: God alone is our dwelling place, stronghold, and shelter. But the words of the psalmist more importantly tell us *who* is our home, habitation, and refuge. As we experience flying by faith in all the up and down drafts of life - even through gale force winds that rock our soul - God is our true home, our rock solid hope, our unshakeable security. It's been said that "home" is where your heart is! Where does our heart reside? With whom does our life abide?

God calls us to fully entrust the whole of our lives into God's promise-keeping love in all the circumstances of our lives. We aren't guaranteed a life free of troubles, but God promises to be our refuge, even in the worst of times. God strengthen us to fly by faith with the assurance that we do not fly alone, ever confident in the swooping-down and up-lifting love and grace of God in Christ Jesus our Lord, by the power of the Holy Spirit.