

## A COVID-19 UPDATE FROM LISA ALLGOOD,

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Friends, this one is a note I'd hoped was over! COVID cases are climbing again across the country – the sub-variants of Omicron are rising again. Like Omicron, they are highly infectious but generally cause slight symptoms in those who are fully vaccinated. The U.S. reported over 700,000 new cases of coronavirus over the seven days ending May 22, bringing the total count to more than 82.1 million confirmed cases of COVID-19. Case numbers are rising by about 8% week. There have been more than 1 million COVID-19-related deaths - the highest death toll of any country.



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Data show that the risk of contracting COVID-19 is high in almost every part of the country, but cities continue to be the sites of major outbreaks and superspreader events (colleges, nursing homes, bars, and restaurants). The metro areas with the highest incidence of COVID-19 cases are distributed relatively unevenly across the United States. Of the 50 metro areas with the highest case counts per capita, 21 are in the South, 17 are in the Midwest, 11 are in the West, and one is in the Northeast.

The five metro areas with the highest number of coronavirus cases per capita are: El Centro, CA; Hanford-Corcoran, CA; Bismarck, ND; Danville, IL; and Miami-Fort Lauderdale-Pompano Beach, FL. The incidence of COVID-19 in these metro areas range from 37,008.1 cases per 100,000 to 36,310.0 cases per 100,000. For comparison, there are currently 25,431.1 cases per 100,000 Americans nationwide. The attached picture shows the increase on a state-by-state basis, and as always you can check [covidactnow.org](https://covidactnow.org) or [cdc.gov](https://cdc.gov) for county-by-county numbers.

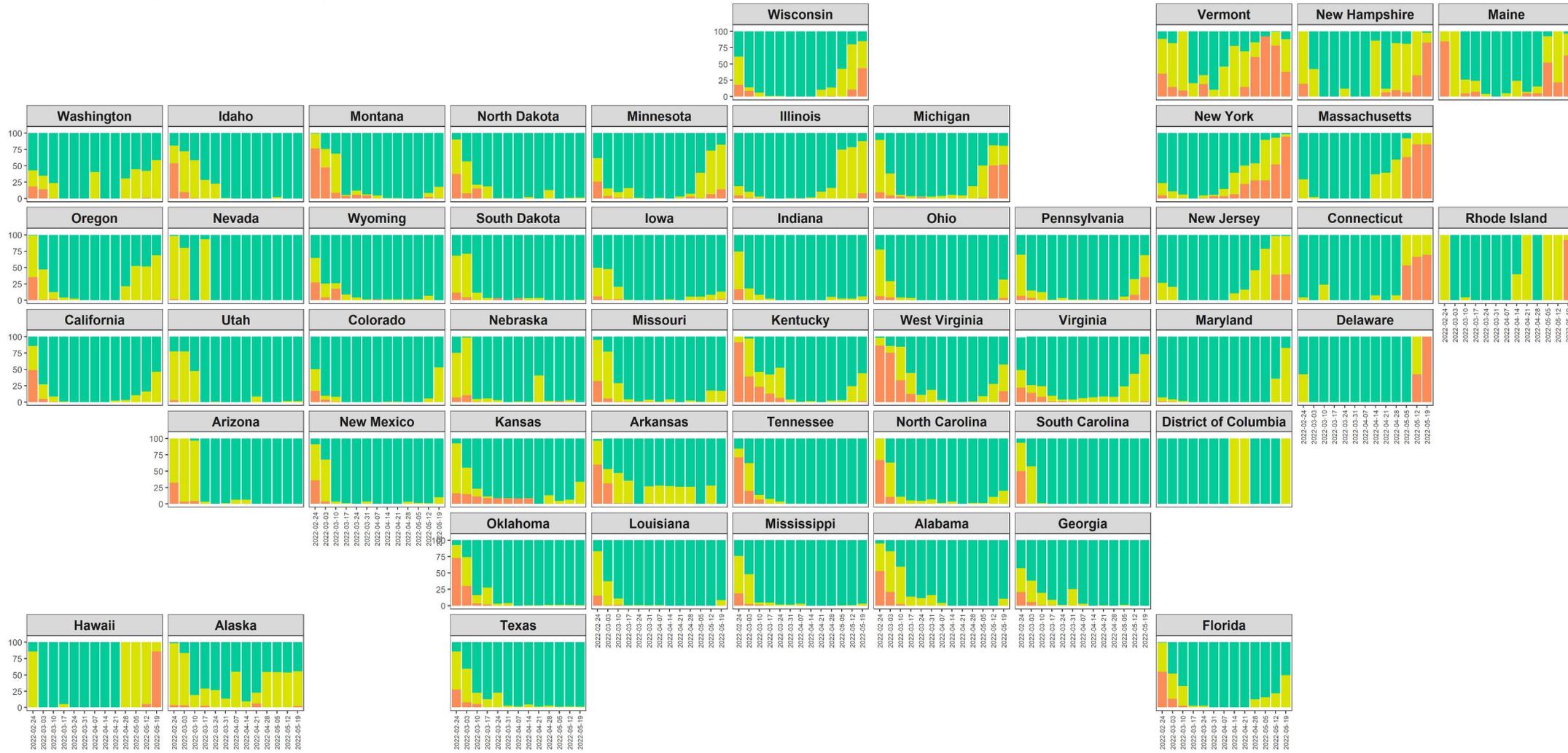
Be safe and be blessed.

lisa

# CDC Community Levels

- based primarily on hospitalization measures  
 - data as of May 19 2022, created by @JasonSalem

% of the US population



Community Level ■ Low ■ Medium ■ High